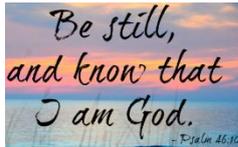


ST PAUL'S BECKENHAM



E-Notice Sheet

Sunday 8th March 2026

8.00am	Holy Communion (BCP) – With Rev'd Rachel Winn
10.30am	<p>Morning Worship Theme: Making Christ Known Readings: Psalm 46 read by Ingrid Glenister Romans 5: 1-11 read by Ishmael Gowero Prayers: Led by Marie Read With Rev'd Rachel Winn and Mary Omojole from SAT-7</p> <p><i>Children's Activities – Sunday Squad in the hall for children aged 4-11, and a stay-and-play creche that parents/carers of babies and pre-schoolers are welcome to use, if you would like to. The service is streamed in the hall.</i></p> <p><i>Prayer after the Service – If you would like someone to pray with you, members of the prayer ministry group will be available in the Chapel.</i></p>
12.00pm	Interment of Ashes – In the Garden of Remembrance Remembering and giving thanks for the life of Ron Barrett
12.30pm	Experience Easter Planning Meeting
The 10.30am service will be live-streamed and available via St Paul's You Tube Channel .	

Collect (Special Prayer) for the 3rd Sunday of Lent

Eternal God, give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord. Amen.

What's On this Week		
Sat 7 th March	10.00am	Gardening Team
	10.30am	Safeguarding Basic Awareness Course – In the Chapel
Mon 9 th March	7.30pm	PCC Meeting
Wed 11 th March	9.00am	Morning Prayer – in the Chapel
	7.00pm	Youth Alpha – in the hall
	7.30pm	Prayers for our Parish, Community and Nation (on Zoom)
Thurs 12 th March	9.00am	Morning Prayer – in the Chapel
	10.00am	Babies and Toddlers
	2.30pm	Friendship Group – 'So, what's next? Sue Gilder. All welcome
	8.00pm	Community Choir – in the hall
Fri 13 th March	9.00am	Morning Prayer – in the Chapel
Sat 14 th March	9.30am	Purely Prayer – Our monthly one-hour time of prayer together
	10.45am	Making Posies for Mothering Sunday
Sun 15th Mar <i>4th Sunday of Lent</i> Mothering Sunday	8.00am	Holy Communion (BCP) – With Rev'd Neil Fairlamb
	10.30am	Holy Communion Theme: Caring Readings: Isaiah 66:10 – 13 (GNT) and Mark 9: 35-37 With Alison Charlesworth and Rev'd Rachel Winn

St Paul's Notices

Gardening Team – Saturday 7th March, at 10am. The team would welcome extra help to keep the church garden looking lovely. No experience or tools necessary! Tea and coffee are provided.

Safeguarding Courses - We are running safeguarding courses on the following dates:

- Saturday 7th March, 10.30am – 12.30pm. Basic Awareness
- Saturday 21st March, 10.30am – 12.30pm. Foundation
- Friday 27th March, 6pm – 8pm. Domestic Abuse

These are for the pastoral care team but are open for anyone, especially if your certificate is due for renewal. Please contact Sandra Horner (safeguarding@stpaulsbeckenham.org.uk) or Rev'd Rachel (vicar@stpaulsbeckenham.org.uk), if you would like to attend.

Final Youth Alpha – Wednesday 11th March, starting with a meal at 7pm. It has been a joy to run this young people's group and explore the Christian faith in a cosy setting. The group has decided that they would like to continue to meet, to study the Bible further. We plan to run this as 'Youth Explore' starting after Easter.

Purely Prayer – Saturday 14th March, 9.30am – 10.30am. All welcome to this time of prayer as we continue to seek God's vision for St Paul's in the years ahead.

Making posies for Mothering Sunday - On Saturday 14th March, at 10.45am in the hall. It would be lovely if a few more people could help with making the posies. Please speak to Anne Howick by 10th March if you are able to help or would like further information .

Mothering Sunday 15th March - We are looking forward to our service for Mothering Sunday next week, but we want to acknowledge that not everyone feels like celebrating on this day because, for various reasons, it can hold pain and sadness. In this service we will be giving thanks to God for all those people who have cared for us, and offering ourselves to care for others, with God's help. The children will be distributing flowers.

Pastoral Care Creative Prayer Evening – Wednesday 18th March, 7pm – 8pm. The team is invited to meet in the Chapel for a team update and a special time of prayer.

Urgent need for Stewards and First-Aiders for Good Friday Walk of Witness – Please talk to Ann B or Anthea if you are able to help out with this. This event will not be able to go ahead if there are not adequate measures in place. The CTiB Walk of Witness is on Friday 3rd April, with a short service at St Edmund's at 11am, followed by a walk up the High Street to Beckenham Green, where there will be a short act of worship with singing.

Super Soup Lunches Cancelled - During March and April there will be no Super Soup lunches, due to the lack of heating in the church.

Maundy Thursday Supper - On Maundy Thursday, 2nd April, at 6.30pm we shall be having supper in the hall, followed by Holy Communion. If you would like to attend, or are able to help with food provision, there are sign-up sheets at the back of church.

St Paul's Community Choir - Our next appearance will be on Palm Sunday, 29th March, at 3.30pm, when the choir and soloists will perform Sir John Stainer's 'Crucifixion' in St. Paul's church. This is a meditation on the biblical narrative of Holy Week and is most appropriate for this season of the Christian year. Our choir is a community choir with members drawn from Beckenham and beyond and will be joined by soloists with local connections. This is a free event with a retiring collection towards church funds. Do put the date in your diary! David Storey.

Church Office Telephone - Our telephone and broadband have now transferred to Virgin Media, and you can contact us on our normal landline number (020 8650 0501).

Tea and Coffee - Many thanks to the Birkett home group for serving tea and coffee on Sunday 8th March. On 15th March, the Bradley home group will be on duty.

Experience Easter (Monday 16th – Thursday 19th March)

This is an interactive, multi-sensory event, when the church will be transformed so that we can tell and act out the dramatic events of Jesus Christ's final week. We will be having around 150 children plus many adults coming through the church for this experience, which can transform the lives of those who attend.

Note to volunteers – There will be a 45-minute planning meeting on Sunday 8th March, immediately after the burial of ashes for Ron Barrett. Set-up for the actual event will take place after the service on Sunday 15th March. All welcome to help with this.

Lent Sermon Series

During Lent we are focussing on our core values: Welcoming, Encouraging Journeys of Faith, Making Christ Known, Caring, and Reflecting Christ.

22 nd February	Welcoming	Genesis 18: 1-10 and Matthew 25: 34-40
1 st March	Encouraging journeys of Faith	Psalms 23 and Luke 24: 28-35
8 th March	Making Christ known	Psalms 46 and Romans 5: 1-11
15 th March	Caring	Isaiah 66: 10-13 (GNT) and Mark 9: 35-37
22 nd March	Reflecting Christ	Isaiah 61: 1-3 and 2 Corinthians 3:17 – 4:7

Easter at St Paul's



Palm Sunday – 29th March

- 8.00am BCP Holy Communion Service (*traditional*)
- 10.30am Morning Worship, with palm crosses
- 3.30pm Stainer's Crucifixion, with the Community Choir

Monday 30th March, Tuesday 31st March, Wednesday 1st April

- 8.00pm Compline – Night Prayer (in the Chancel)

Maundy Thursday – 2nd April

- 6.30pm Supper and Holy Communion

Good Friday – 3rd April

- 11.00am Walk of Witness *from St Edmund's Church*
- 11.30am CTiB Service on Beckenham Green *by St George's Church*
- 2.00pm Reflection at the Cross *at St Paul's Church*

Easter Sunday – 5th April

- 5.45am Dawn 'Fire' Service and Holy Communion
- 6.30am Breakfast
- 10.30am All-Age Celebration with Holy Communion

Carbon Fast for Lent – Week 4 Fast from Food Waste, Meat & Dairy

This week the Carbon Fast for Lent challenges us to reduce food waste and reduce dairy and meat intake. Changing our diets can be the biggest impact we as individuals can take to counteract climate change. More details on the Green Board in church, and check out the Planetary Health Diet <https://eatforum.org/eat-lancet/the-planetary-health-diet/>. You can sign up for the weekly Carbon Fast emails: <https://climatestewards.org/resources/carbon-fast-for-lent/>



Community Notices

World Day of Prayer – Friday 6th March, 11.30am at St Mary's Church, Shortlands. This year the prayers and reflections will be centred on Nigeria. The service will be followed by a light lunch.

Count your Plastic 9th – 15th March - Sign up to take part in The Big Plastic Count, with thousands of people counting every piece of plastic they throw away. Help build a fairer future from the impacts of the plastics crisis. <https://thebigplasticcount.com/>

The London Chorus - Thursday 12th March, 7.30pm at Holy Trinity Sloane Square. An evening of music by Vaughan Williams, including Norfolk Rhapsody no 1, Five Mystical Songs, and Five Tudor Portraits, with the New London Orchestra, Emily Gray contralto, Gareth Brynmor John, baritone, conducted by William Vann.

St George's Chamber Orchestra – Sunday 15th March, 5pm, at St George's Church Beckenham. One Note Wonders – 'Masterpieces evolving from a single note'. See flyers at back for more info.

The Work of Living Well – Saturday 17th March, 2.30pm at Christ Church Beckenham. Learn about the great work done in the community by Living Well and why it is so needed. Tea, coffee and cake served after the talk. Please contact Robyn to let her know if you plan to attend – by texting (not ringing) 07926 266197.

Beckenham Chorale – Saturday 21st March, 7pm, at St George's Church Beckenham. Vivaldi, Pergolesi, Monteverdi and Palestrina.

Concert in aid of Hope into Action Bromley – Saturday 21st March, 7.30pm, at St Augustine's Church, Bromley. A concert featuring Adiemus by Sir Karl Jenkins. Conductor: Adrian Connell. Tickets on the door: £10 (under 16's free) – cash only. Please see poster on noticeboard in south aisle for more information.

Foodbanks - Tubs for foodbank donations, which are shared between Living Well and CAP, can be found in the porch, by the main church entrance. *Please do not leave perishable food in the box, and please check items do not contain any alcohol and are not past their expiry date.*

Mission of the Month (March and April): SAT-7



We are looking forward to hearing more about the work of SAT-7 on Sunday (8th March), when Mary Omojole will be visiting us.

SAT-7 is watched by millions of people in 25 countries across the Middle East and North Africa (MENA). SAT-7 is free to view, so they need the support of individuals and churches around the world, to create new content and keep broadcasting.

Using satellite television, they are able to bypass barriers of censorship and illiteracy. Through digital media, SAT-7 content is available to people on demand at any time and on any device. In 2023 there were 27 million YouTube views and 2.5 million people 'liked' their Facebook pages.

Please especially pray for everyone in the MENA region for safety and for continuing communications in view of the very serious disruption in the last week. Please see the Mission of the Month display board for information on SAT-7 and for special prayers.

Please pray...



- for the PCC meeting on Monday.
- for the final Youth Alpha session on Wednesday.
- for the planning for Experience Easter.
- for all of us to draw nearer to God during this time of Lent.
- for all women on International Women's Day, 8th March and on Mothering Sunday, 15th March.
- for all areas of the world where there is war or conflict, praying particularly at this time for the situation in the Middle East.
- for strength for churches and believers in Iran and comfort for all those living in fear.
- for those living or on holiday in Dubai and affected by the missiles, and for help for everyone waiting to get back to the UK.
- that SAT-7's Persian service will be able to continue broadcasting.
- for CAP and Living Well, and for all who come to them for support and financial guidance.
- for those looking for work, and for everyone struggling with financial worries.
- for those in hospital, recovering from operations or having pre-op consultations.
- for all those who are struggling with physical, emotional or mental health illness.
- for all who are grieving the loss of a loved one.
- for Pauline and the family as Ron's ashes are interred and we remember and give thanks for him on Sunday 8th March.

On our Electoral Roll we pray for Tony and Shiona Pilgrim, Victor and Penny Power, and for our parishioners in Greycot Road.

Get in touch...

Administrator - Stephanie Fox: admin@stpaulsbeckenham.org.uk; Tel: 020 8650 0501

Office hours: Mondays, Tuesdays and Thursdays, 9.15am – 2.15pm

Vicar - Rev'd Rachel Winn: 07566 274388, vicar@stpaulsbeckenham.org.uk

Churchwardens - Anne Harkness: 07768 992559; Anthea Prendergast: 07811 530230

Parish Safeguarding Officer - Sandra Horner: 07701 069638; safeguarding@stpaulsbeckenham.org.uk

Communion at Home - If you are unable to make our Communion services but would like to receive Communion at home, please get in touch with Rev'd Rachel or Anne Howick (020 8658 0808).

Verse for the Year 2026

'Trust in the LORD with all your heart and lean not on your own understanding;
in all your ways acknowledge him, and he will make your paths straight.' *Proverbs 3: 5-6*